



START EVERY DAY WITH BREAKFAST



Walker County School



½ cup of fruit or juice must be on your tray.

## ONLINE MENUS

April 13th (Lunch) – April 20th (Breakfast)

PICK UP ON TUESDAY, April 13<sup>th</sup> (Week 1)

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>BREAKFAST</u></b>				
4-19 Biscuit w/ Chicken Patty Peaches Blueberries Milk Choice	4-20 Cereal 2- Raisins Milk Choice	4-14 Breakfast Pizza Blueberries, Frozen Juice 100% Milk Choice	4-15 Pop Tart 2 (4 oz) Boxed Fruit Juice Milk Choice	4-16 Pancakes 2 – Applesauce Cup Milk Choice
<b><u>LUNCH</u></b>				
Hotdog Baked Beans Carrots steamed Applesauce/ Frozen Fruit Milk Choice 4-19	PB&J Sandwich* Sun Chips Broccoli w/ Dip Peaches, Frozen Milk Choice 4-13	Chicken Nuggets Roll Mixed Veggies Corn Apricots/Raisins Milk Choice 4-14	PB&J Sandwich* WG Chips Baby Carrots w/ Dip Fruit Juice (4 oz Boxed) Milk Choice 4-15	PB&J Sandwich* Sun Chips Baby Carrots w/ Dip Applesauce Cup (1) Milk Choice 4-16
<b><u>SNACK</u></b>				
<b>4-19</b> WG Chips (6.75 oz) Boxed Fruit Juice	<b>4-13</b> Cheez-it Chips (6.75 oz) Boxed Fruit Juice	<b>4-14</b> PB&J Sandwich* (6.75 oz) Boxed Fruit Juice	<b>4-15</b> Choc Chip Cookies (6.75 oz) Boxed Fruit Juice	<b>4-16</b> Goldfish Pretzels (6.75 oz) Boxed Fruit Juice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious. Help your child make good choices.**

If you have difficulty communicating with us or understanding this information because you do not speak English or have a disability, please let us know. Contact 706-638-7971. Free language assistance or other aids and services are available upon request.

Español: Si tiene dificultades para comunicarse con nosotros, o para entender esta información porque no habla inglés o tiene alguna discapacidad, por favor infórmenos. Comuníquese con 706/638-7971. Tenemos disponibilidad de servicios gratuitos de ayuda en otros idiomas y otro tipo de asistencia y servicios cuando lo solicite.

\* Substituting WOW butter for peanut butter will be allowed for students with a peanut allergy.